

Effective Field Theories

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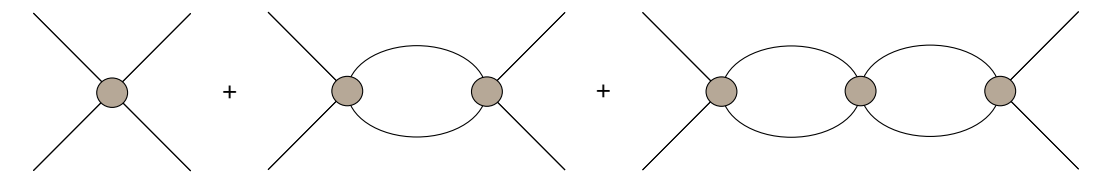
Lecture III: NR EFT: Apps

- NR effective Lagrangians
- More scattering theory
- Power counting in two-body EFT
- Bound states in EFT

INTERACTING FERMIONS (NUCLEONS OR ATOMS)

★ Consider NR scattering theory in $d=4$

$$S = e^{i\delta(p)} = 1 + i \frac{Mp}{2\pi} \mathcal{A}_2(p)$$

$$\mathcal{A}_2(p) = \frac{4\pi}{M} \frac{1}{p \cot \delta(p) - ip} = \text{diagrammatic expansion}$$


Assume finite range interactions: Effective Range Theory

$$p \cot \delta(p) = -\frac{1}{a} + \frac{1}{2} \Lambda^2 \sum_{n=0}^{\infty} r_n \left(\frac{p^2}{\Lambda^2} \right)^{n+1} = -\frac{1}{a} + \frac{1}{2} r_0 p^2 + \dots$$

Generally two scenarios:

“Natural” $|a| \sim \Lambda^{-1}$, $|r_n| \sim \Lambda^{-1}$

$$\mathcal{A}_2 = -\frac{4\pi a}{M} [1 - iap + (ar_0/2 - a^2)p^2 + O(p^3/\Lambda^3)]$$

“Unnatural” $|a| \gg \Lambda^{-1}$, $|r_n| \sim \Lambda^{-1}$

$$\mathcal{A}_2 = -\frac{4\pi}{M} \frac{1}{(1/a + ip)} \left[1 + \frac{r_0/2}{(1/a + ip)} p^2 + \frac{(r_0/2)^2}{(1/a + ip)^2} p^4 + \frac{(r_1/2\Lambda^2)}{(1/a + ip)} p^4 + \dots \right]$$

Now we will reproduce these
two scenarios using EFT:

- (I) Identify low-energy d.o.f
- (II) Identify the symmetries
- (III) Construct most general EFT
- (IV) Determine *power counting*
- (V) Determine parameters (*matching to EXP*)

INTERACTING FERMIONS (NUCLEONS OR ATOMS)

Assume: finite range interaction in four space-time dimensions

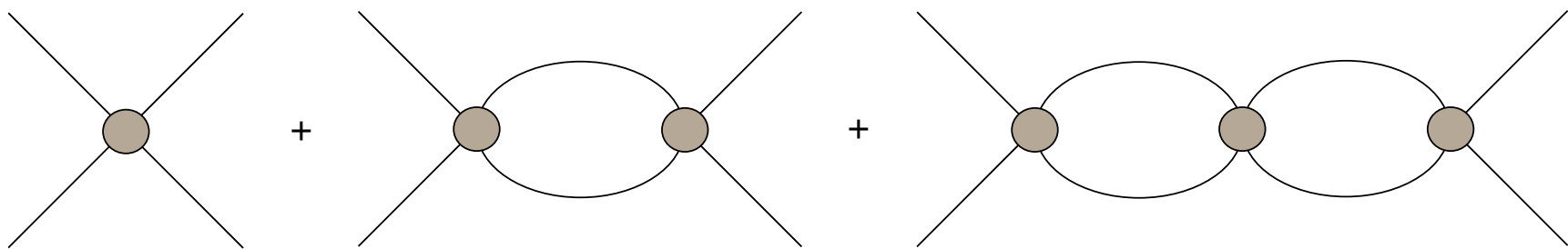
$$\mathcal{L}_{EFT} = N^\dagger \left(i\partial_t + \frac{\nabla^2}{2M} \right) N + C_0 (N^\dagger N)^2 + \frac{C_2}{8} \left[(NN)^\dagger (N \overleftrightarrow{\nabla}^2 N) + h.c \right] + \dots$$

Note: can choose alternate basis:

$$C_0 \left(N^T \mathcal{P}_x N \right)^\dagger \left(N^T \mathcal{P}_x N \right)$$

Projection operator onto given channel: \mathcal{P}_x

As before, can solve exactly (formally)

$$\mathcal{A}_2 = \text{diagram 1} + \text{diagram 2} + \text{diagram 3} + \dots$$




$$\mathcal{A}_2(p) = - \frac{\sum C_{2n} p^{2n}}{1 - I_0(p) \sum C_{2n} p^{2n}}$$

Dimensional regularization: $\epsilon \equiv 4 - D$

$$\begin{aligned} I_n &\equiv i(\mu/2)^\epsilon \int \frac{d^D q}{(2\pi)^D} \frac{\mathbf{q}^{2n}}{\left(E/2 + q_0 - \frac{\mathbf{q}^2}{2M} + i\epsilon\right) \left(E/2 - q_0 - \frac{\mathbf{q}^2}{2M} + i\epsilon\right)} \\ &= M(\mu/2)^\epsilon \int \frac{d^{(D-1)} \mathbf{q}}{(2\pi)^{(D-1)}} \mathbf{q}^{2n} \left(\frac{1}{p^2 - \mathbf{q}^2 + i\epsilon} \right) \\ &= -M p^{2n} (-p^2 - i\epsilon)^{(D-3)/2} \Gamma\left(\frac{3-D}{2}\right) \frac{(\mu/2)^\epsilon}{(4\pi)^{(D-1)/2}} \end{aligned}$$

“Natural” $|a| \sim \Lambda^{-1} \quad , \quad |r_n| \sim \Lambda^{-1}$

$$I_n^{\overline{MS}} = -i \left(\frac{M}{4\pi} \right) p^{2n+1}$$

$$\mathcal{A}_2 = - \frac{\sum C_{2n} p^{2n}}{1 + i(Mp/4\pi) \sum C_{2n} p^{2n}} = \sum_{n=0}^{\infty} (\mathcal{A}_2)_n \quad (\mathcal{A}_2)_n \sim \mathcal{O}(p^n)$$

$$(\mathcal{A}_2)_0 = -C_0 \quad , \quad (\mathcal{A}_2)_1 = iC_0^2 \frac{Mp}{4\pi} \quad , \quad (\mathcal{A}_2)_2 = C_0^3 \left(\frac{Mp}{4\pi} \right)^2 - C_2 p^2$$

This amplitude must match to ERT amplitude!

Match to:

$$\mathcal{A}_2 = -\frac{4\pi a}{M} [1 - iap + (ar_0/2 - a^2)p^2 + O(p^3/\Lambda^3)]$$

$$C_0 = \frac{4\pi a}{M}$$

$$C_2 = C_0 \frac{ar_0}{2}$$

In general:

$$C_{2n} \sim \frac{4\pi}{M\Lambda} \frac{1}{\Lambda^{2n}}$$

Power counting

- propagator $1/p^2$
- loop integration $\int d^4q \rightarrow p^5$
- vertex $C_{2n} \nabla^{2n} \rightarrow p^{2n}$

“Unnatural” $|a| \gg \Lambda^{-1} \quad , \quad |r_n| \sim \Lambda^{-1}$

Realistic case for nuclear physics!

Experiment:

$$\begin{aligned} a_s^{1S_0} &= -23.714 \text{ fm} & r_s^{1S_0} &= 2.73 \text{ fm} \\ a_s^{3S_1} &= 5.425 \text{ fm} & r_s^{3S_1} &= 1.749 \text{ fm} \end{aligned}$$

$$a_s \gg \Lambda^{-1} \sim m_\pi^{-1}$$

Now we want:

$$\mathcal{A}_2 = -\frac{4\pi}{M} \frac{1}{(1/a + ip)} \left[1 + \frac{r_0/2}{(1/a + ip)} p^2 + \frac{(r_0/2)^2}{(1/a + ip)^2} p^4 + \frac{(r_1/2\Lambda^2)}{(1/a + ip)} p^4 + \dots \right]$$

$$\sum_{n=-1}^{\infty} (\mathcal{A}_2)_n \quad (\mathcal{A}_2)_n \sim \mathcal{O}(p^n)$$

$$(\mathcal{A}_2)_{-1} = -\frac{4\pi}{M} \frac{1}{(1/a + ip)} \xrightarrow{C_0 = \frac{4\pi a}{M}} \frac{-C_0}{1 + \frac{C_0 M}{4\pi} ip}$$

Need new *power counting*! $C_0 \sim \frac{1}{p} !$

Clever trick: subtract pole in D=3 dimensions!

$$\delta I_n = -\frac{M p^{2n} \mu}{4\pi(D-3)}$$

$$I_n^{PDS} = I_n + \delta I_n = -p^{2n} \left(\frac{M}{4\pi} \right) (\mu + ip)$$

Match to:

$$\mathcal{A}_2 = -\frac{4\pi}{M} \frac{1}{(1/a + ip)} \left[1 + \frac{r_0/2}{(1/a + ip)} p^2 + \frac{(r_0/2)^2}{(1/a + ip)^2} p^4 + \frac{(r_1/2\Lambda^2)}{(1/a + ip)} p^4 + \dots \right]$$

$$C_0(\mu) = \frac{4\pi}{M} \left(\frac{1}{-\mu + 1/a} \right)$$

$$C_2(\mu) = \frac{4\pi}{M} \left(\frac{1}{-\mu + 1/a} \right)^2 \frac{r_0}{2}$$

In general:

$$C_{2n}(\mu) \sim \frac{4\pi}{M \Lambda^n \mu^{n+1}}$$

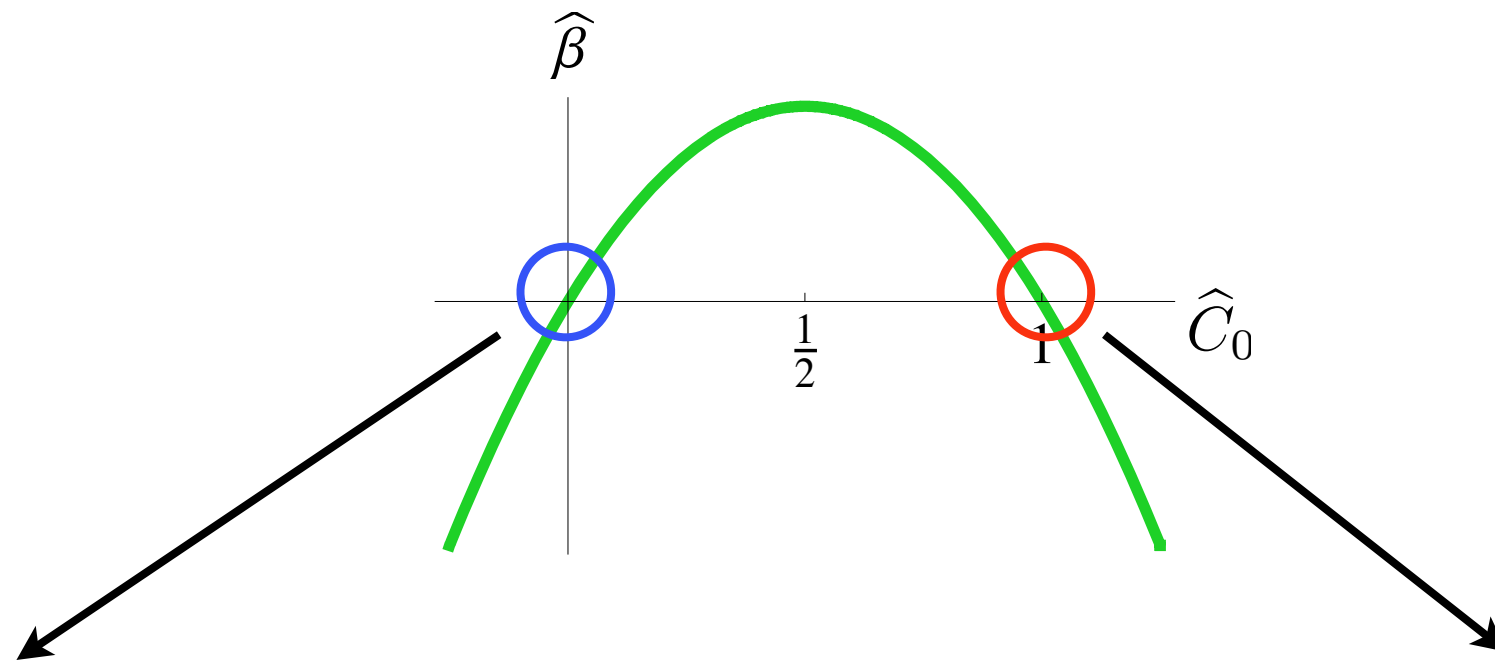
Power counting

- propagator $1/p^2$
- loop integration $\int d^4q \rightarrow p^5$
- vertex $C_{2n} \nabla^{2n} \rightarrow p^{n-1}$
- rg scale $\mu \sim p$

Renormalization group interpretation

Define: $\hat{C}_0 \equiv -\frac{M\mu}{4\pi}C_0 = \frac{\mu}{\mu - 1/a}$

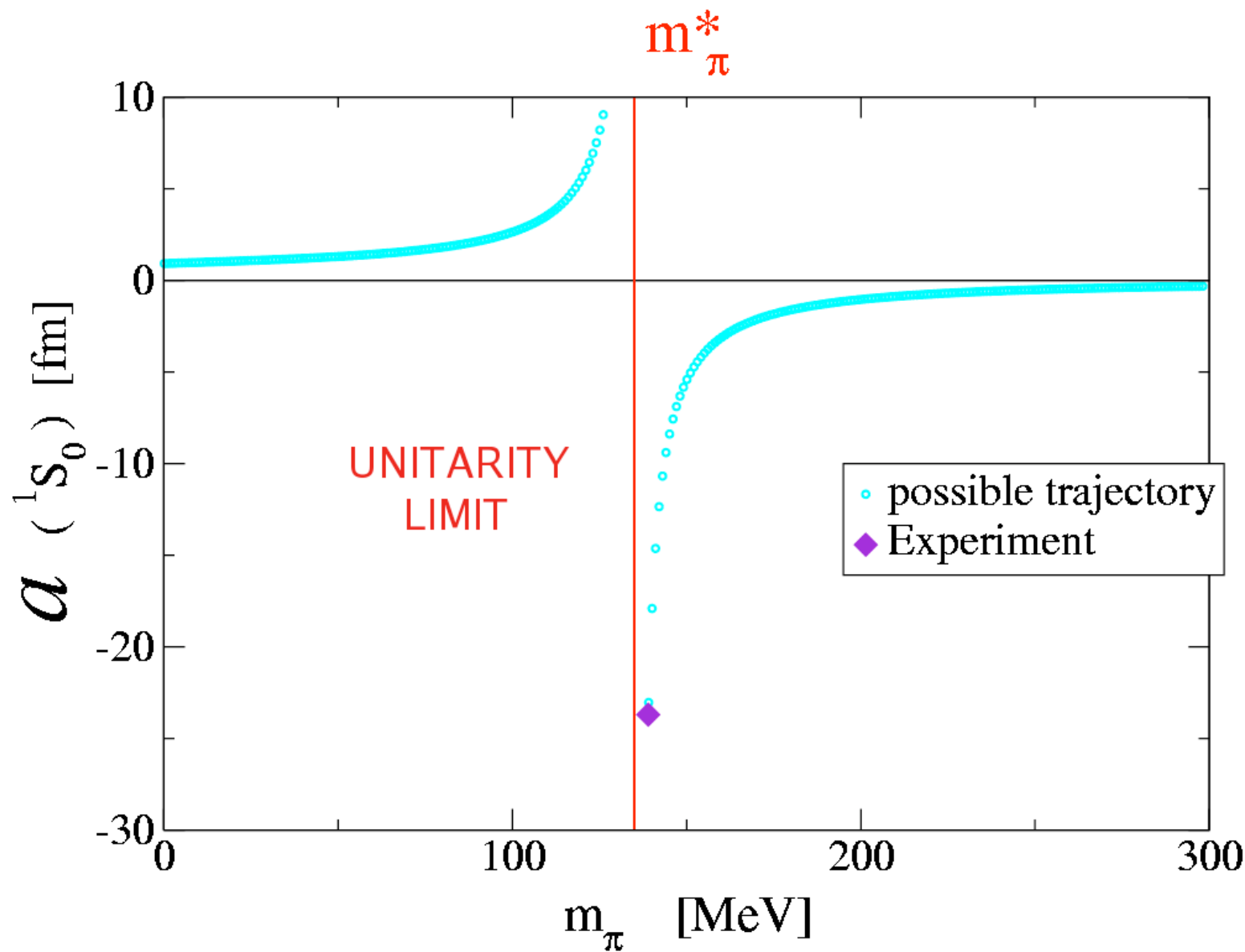
$$\hat{\beta}_0 = \mu \frac{d}{d\mu} \hat{C}_0 = -\hat{C}_0(\hat{C}_0 - 1)$$



Trivial IR fixed point:
“natural case”

Nontrivial UV fixed point:
“unnatural case”

Why is nuclear physics near this UV fixed point??



$$a_s^{-1} \sim \frac{m_\pi - m_\pi^*}{m_\pi} \Lambda_{QCD}$$

So what???

All we've done is reproduce ERT!

Let's consider *electroweak probes*

S-wave NN primer

$$N : \quad I = \frac{1}{2} , \quad S = \frac{1}{2}$$

$$NN : \quad \begin{aligned} \left(\frac{1}{2} \otimes \frac{1}{2} \right)_I &= (0^{\text{A}} \otimes 1^{\text{S}})_I \\ \left(\frac{1}{2} \otimes \frac{1}{2} \right)_S &= (0^{\text{A}} \otimes 1^{\text{S}})_S \end{aligned}$$

Antisymmetric WF:

spin-isospin	spectroscopic	“field”
$S = 1 \quad , \quad I = 0$	3S_1	t_k <i>deuteron</i>
$S = 0 \quad , \quad I = 1$	1S_0	s_a

$$\begin{aligned} |d\rangle &\rightarrow t \\ |np\rangle_s &\rightarrow s_3 \\ |nn\rangle_s &\rightarrow \frac{1}{\sqrt{2}} (s_1 + i s_2) \\ |pp\rangle_s &\rightarrow \frac{1}{\sqrt{2}} (s_1 - i s_2) \end{aligned}$$

How do we treat the deuteron *bound state* in EFT?

Recall ERT in 3S_1

$$\mathcal{A}_2(p) = \frac{4\pi}{M} \frac{1}{-\frac{1}{a} + \frac{1}{2}r_0p^2 + \dots - ip}$$

$$-\frac{1}{a} + \frac{r_0}{2}(p^*)^2 - ip^* = 0$$

Binding momentum: $\gamma = -ip^*$

Binding energy: $B = \frac{\gamma^2}{M} = 2.224575(9) \text{ MeV}$

Deuteron source method

Interpolating field: $\otimes = \mathcal{D}_i \equiv N^T P_i N \quad P_i = \frac{1}{\sqrt{8}} \sigma_2 \sigma_i \tau_2 \quad ({}^3S_1)$

$$G(\overline{E}) \delta_{ij} = \int d^4x e^{-i(Et - \mathbf{p} \cdot \mathbf{x})} \langle 0 | T [\mathcal{D}_i^\dagger(x) \mathcal{D}_j(0)] | 0 \rangle = \delta_{ij} \frac{i \mathcal{Z}(\overline{E})}{\overline{E} + B + i\varepsilon}$$

$$\overline{E} \equiv E - \frac{\mathbf{p}^2}{4M} + \dots$$

$$E \equiv (p^0 - 2M)$$

WF renormalization: $\mathcal{Z}(-B) \equiv Z = -i \left[\frac{dG^{-1}(\overline{E})}{dE} \right]_{\overline{E}=-B}^{-1}$

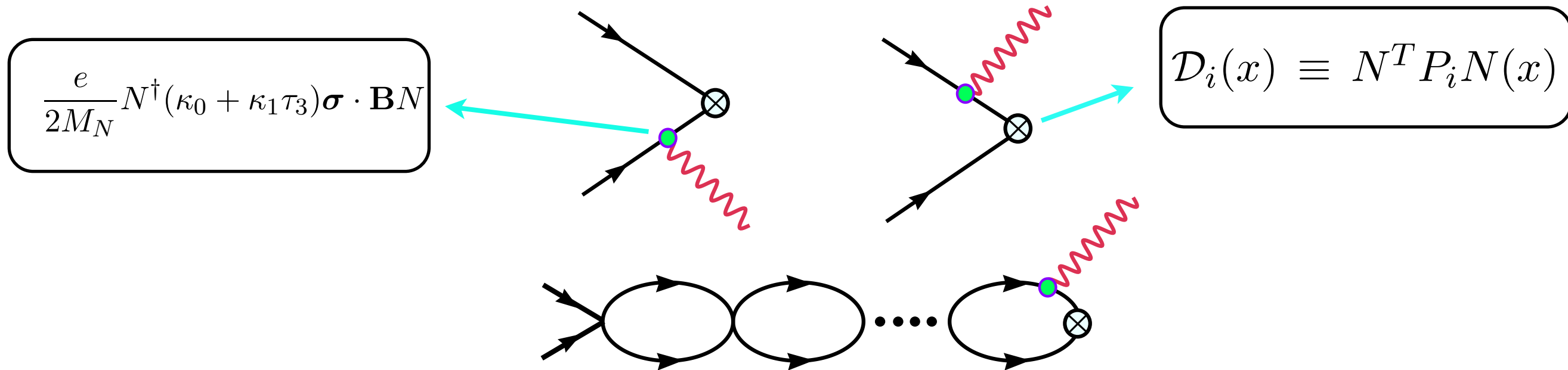
$$G = \frac{\Sigma}{1 + iC_0 \Sigma} = \text{diagram with G} = \text{diagram with } \Sigma + \text{diagram with } \Sigma \Sigma + \dots$$

Example: $n p \rightarrow d \gamma$

$$^3S_1 : P_i = \frac{1}{\sqrt{8}} \sigma_2 \sigma_i \tau_2$$

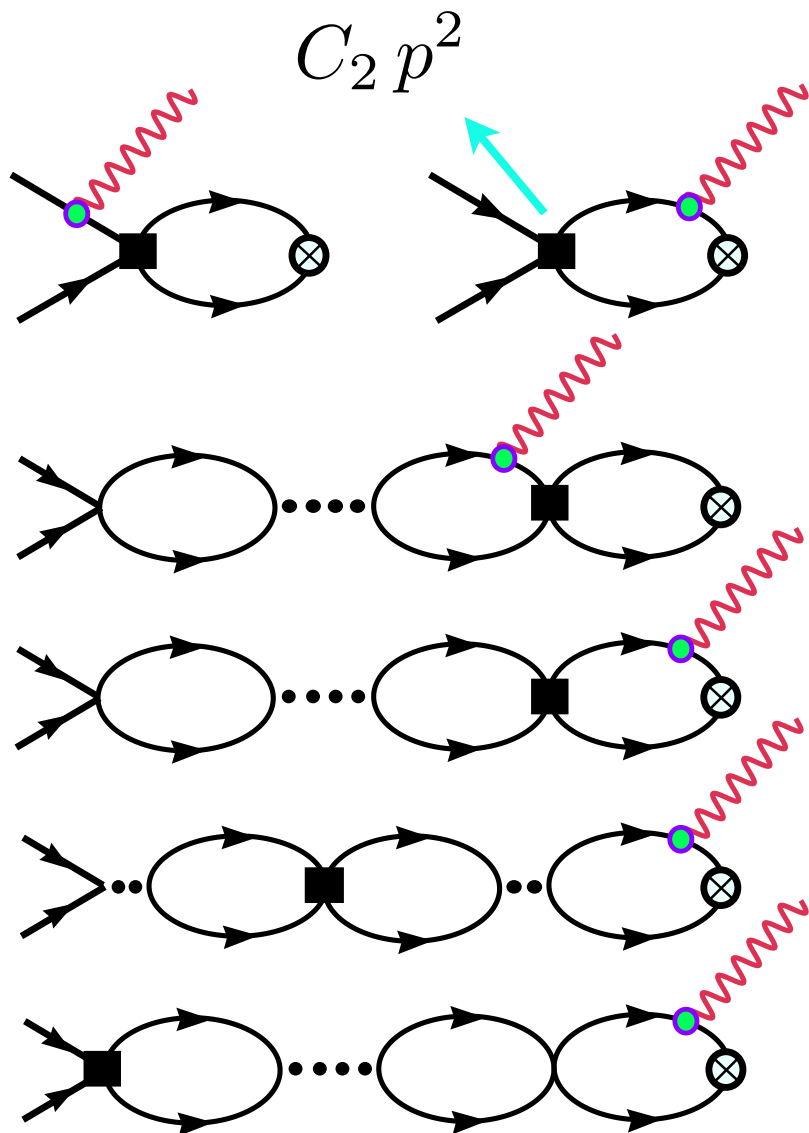
$$^1S_0 : \bar{P}_i = \frac{1}{\sqrt{8}} \sigma_2 \tau_2 \tau_i$$

LO

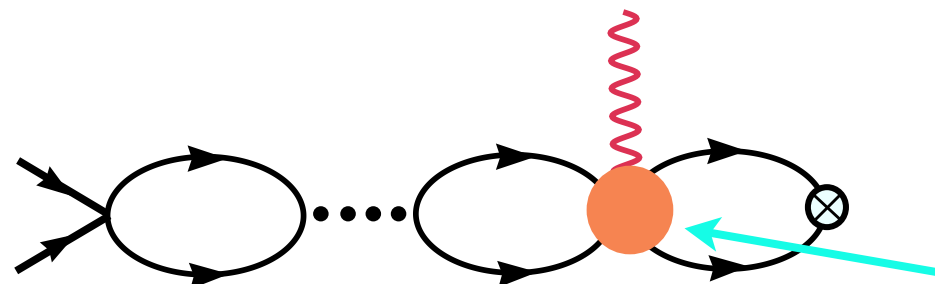
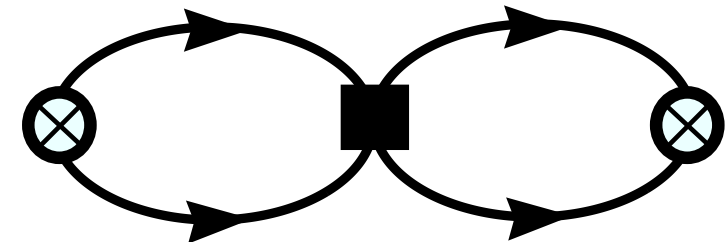


$$\sigma = \frac{8\pi\alpha\gamma^5\kappa_1^2 a_0^2}{vM_N^5} \left(1 - \frac{1}{\gamma a_0}\right)^2$$

NLO

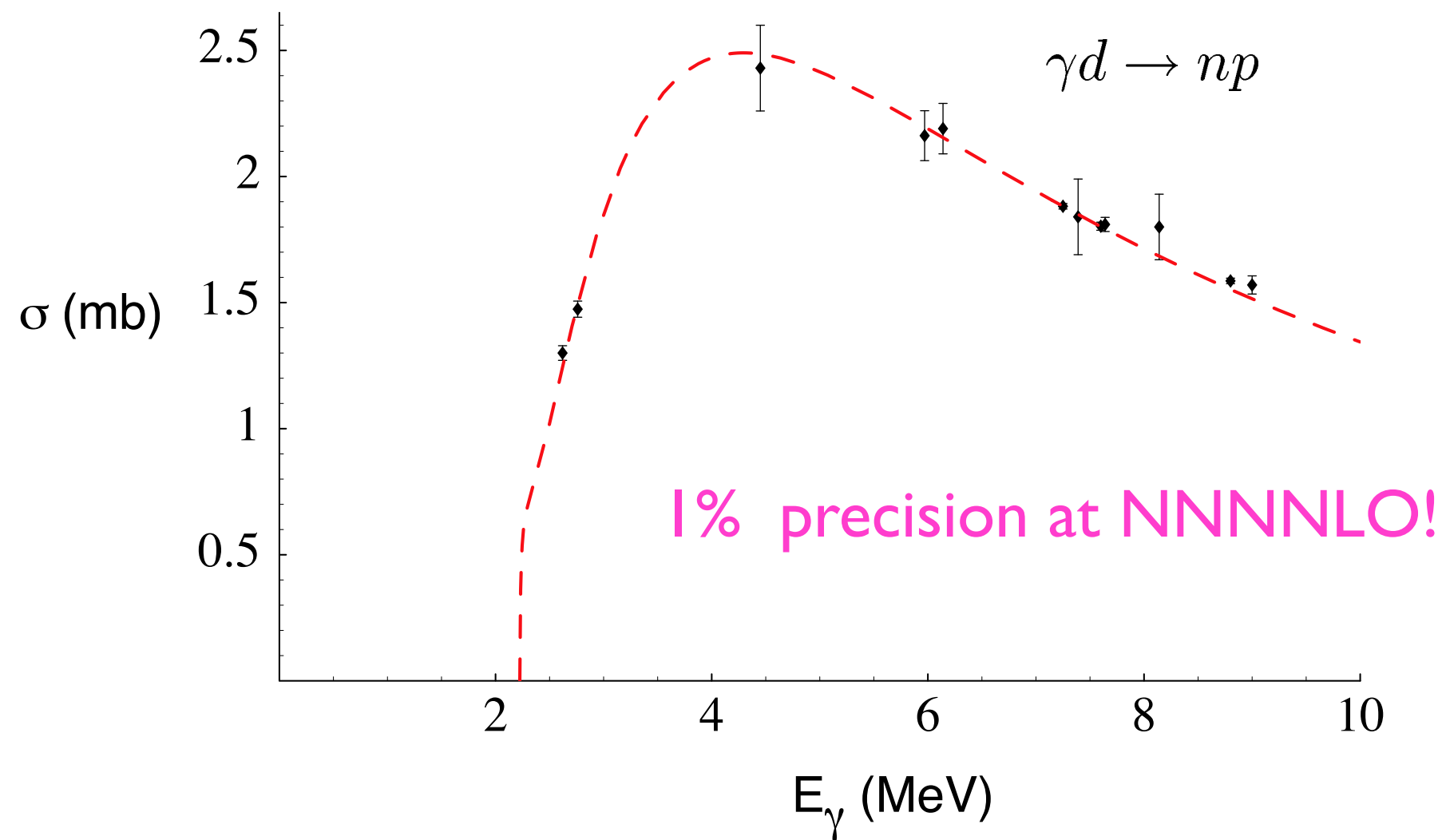


WF renormalization:



$$e \not{L}_1 \left(N^T P_i N \right)^\dagger \left(N^T \overline{P}_3 N \right) \mathbf{B}_i$$

Beyond ERT!



Also achieved by model calculations, however *EFT* provides:

A *systematic procedure* for computing corrections to the desired accuracy in the most *economical* way.

Dibaryon (Dimer) method

$${}^3S_1 : \quad P_i = \frac{1}{\sqrt{8}} \sigma_2 \sigma_i \tau_2 \quad {}^1S_0 : \quad \bar{P}_i = \frac{1}{\sqrt{8}} \sigma_2 \tau_2 \tau_i$$

$$\mathcal{L}_s = -s_a^\dagger \left[i v \cdot D + \frac{1}{4M} [(v \cdot D)^2 - D^2] + \Delta_s \right] s_a - y_s [s_a^\dagger (N^T \bar{P}_a N) + \text{h.c.}]$$

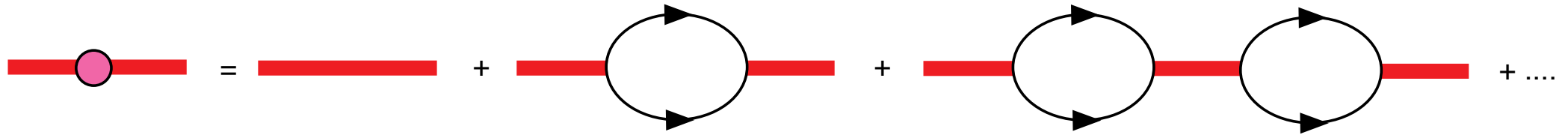
$$\mathcal{L}_t = -t_i^\dagger \left[i v \cdot D + \frac{1}{4M} [(v \cdot D)^2 - D^2] + \Delta_t \right] t_i - y_t [t_i^\dagger (N^T P_i N) + \text{h.c.}]$$

$$D_\mu = \partial_\mu - i \mathcal{V}^{ext}_\mu$$

$$\Delta_{s,t} = \frac{2}{M r_{s,t}} \left(\frac{1}{a} - \mu \right)$$

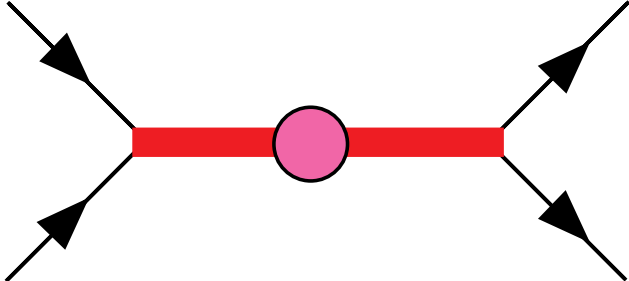
$$y_s = \frac{2}{M} \sqrt{\frac{2\pi}{r_0^s}}$$

$$y_t = \frac{2}{M} \sqrt{\frac{2\pi}{r_0^t}}$$



Dressed deuteron propagator

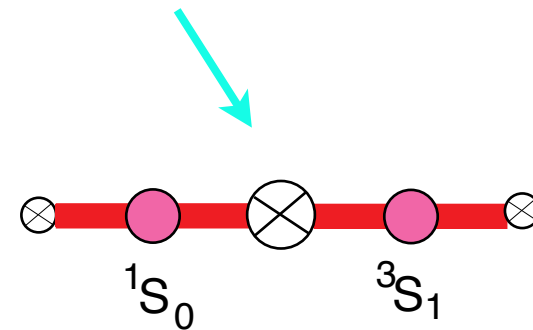
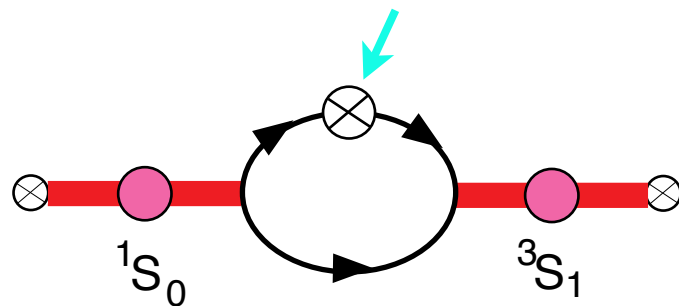
$$D(\overline{E}) = \frac{4\pi}{My^2} \frac{i}{\mu + \frac{4\pi}{My^2} \Delta - \frac{4\pi}{My^2} \overline{E} + i\sqrt{M\overline{E}}}$$

$$-i\mathcal{A}_2(\overline{E}) = y D(\overline{E}) y =$$


Recovers ERT!

Example: deuteron *weak* processes

$$\mathcal{A}_i^a = - \left[\left(\frac{r_0^s + r_0^t}{2\sqrt{r_0^s r_0^t}} \right) g_A + \frac{l_{1A}}{M\sqrt{r_0^s r_0^t}} \right] [s_a^\dagger t_i + \text{h.c.}]$$



ν - d

$$\mathcal{L}^{CC} = -\frac{G_F}{\sqrt{2}} l_+^\mu J_\mu^- + \text{h.c.}$$

$$l_+^\mu = \bar{\nu} \gamma^\mu (1 - \gamma_5) e$$

$\bar{\nu}$ - d

$$\mathcal{L}^{NC} = -\frac{G_F}{\sqrt{2}} l_Z^\mu J_\mu^Z$$

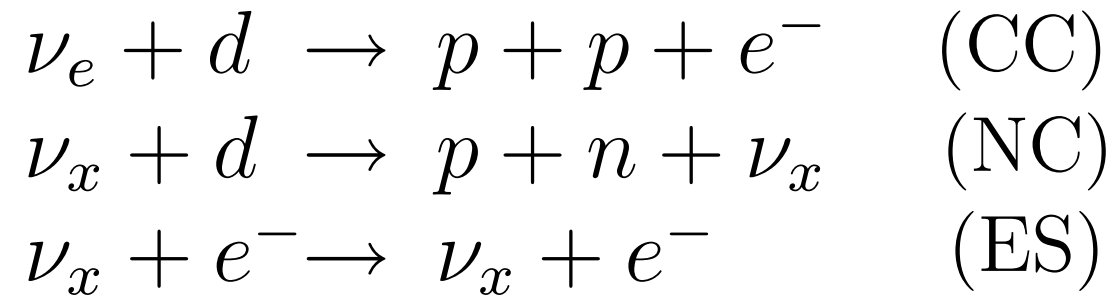
$$l_Z^\mu = \bar{\nu} \gamma^\mu (1 - \gamma_5) \nu$$

$$J_\mu^- = (\mathcal{V}_\mu^1 - \mathcal{A}_\mu^1) - i(\mathcal{V}_\mu^2 - \mathcal{A}_\mu^2)$$

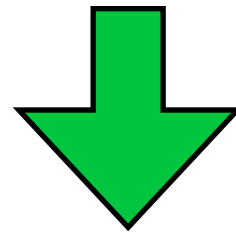
$$J_\mu^Z = -2 \sin^2 \theta_W \mathcal{V}_\mu^S + (1 - 2 \sin^2 \theta_W) \mathcal{V}_\mu^3 - \mathcal{A}_\mu^S - \mathcal{A}_\mu^3$$

Sudbury Neutrino Observatory (SNO)

8B solar flux \longrightarrow



$x = e, \mu, \tau$



all active neutrino components of solar flux

$$E_{\nu, \bar{\nu}} = 10 \text{ MeV} \quad (10^{-42} \text{ cm}^2)$$

$$\sigma(\nu_e d \rightarrow e^- pp) = 4.07 + 0.12 l_{1,A}$$

$$\sigma(\nu_x d \rightarrow \nu_x np) = 1.76 + 0.056 l_{1,A}$$

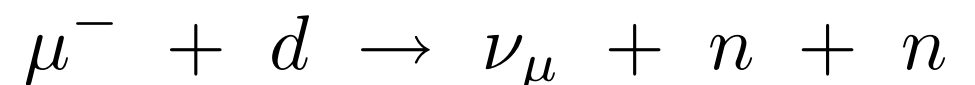
$$\sigma(\bar{\nu}_x d \rightarrow \bar{\nu}_x np) = 1.66 + 0.052 l_{1,A}$$

$$\sigma(\bar{\nu}_e d \rightarrow e^+ nn) = 1.93 + 0.059 l_{1,A}$$

$\longrightarrow l_{1,A}$ **uncertainty**

% level in σ

$l_{1,A}$ **will be measured in**



Lecture IV: χ -PT Primer

- QCD and chiral symmetry
- Chiral perturbation theory
- Power counting
- QCD in finite volume
- Symanzik action
- $\pi\pi$

Why is QCD interesting?

- “Background” for beyond-the-Standard-Model physics
- Hadronic/Nuclear mysteries (S-wave NN scattering lengths)
- No experiments (ΛN , $\pi\pi$, $K\pi$, KK)
- Quark-mass dependence (lattice QCD)
- Because the Nobel committee says so

$$\mathcal{L}_{\text{QCD}} = \sum_{i=1}^3 (\bar{q}_i i \not{D} q_i - m_i \bar{q}_i q_i) - \frac{1}{2} \text{Tr} G_{\mu\nu} G^{\mu\nu}$$

u,d,s active flavors

$$D_\mu = \partial_\mu + ig A_\mu \qquad A_\mu = A_\mu^a T_a$$

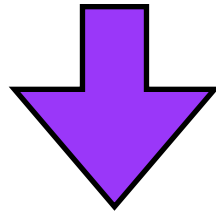
$$T_a \in SU(3)$$

$$\sum_i \bar{q}_i i \not{D} q_i = \sum_i (\bar{q}_{Li} i \not{D} q_{Li} + \bar{q}_{Ri} i \not{D} q_{Ri})$$

$$q_{L,R} = \frac{1}{2}(1 \pm \gamma_5)q$$

$$U(3)_L \times U(3)_R \quad \text{invariance}$$

$U(1)_A$ *anomalous*



$$U(1)_V \times SU(3)_L \times SU(3)_R$$

Baryon number

Chiral symmetry:

$$q_{Li} \rightarrow L_{ij} q_{Lj} \quad q_{Rj} \rightarrow R_{ij} q_{Rj}$$

$$\sum_i m_i \bar{q}_i q_i = \sum_{i,j} \bar{q}_{Ri} M_{ij} q_{Lj} + h.c.$$

$$M = \begin{pmatrix} m_u & & \\ & m_d & \\ & & m_s \end{pmatrix}$$

If mass matrix were field with:

$$M \rightarrow RML^\dagger$$

spurion

then mass term would be a chiral invariant

NOTE

- ◆ $\underline{m_u, m_d \ll m_s}$ $SU(2)_L \times SU(2)_R$ better than $SU(3)_L \times SU(3)_R$
- ◆ $\underline{m_u = m_d = m_s \neq 0}$ $SU(3)_V$ ($L = R$) is exact
- ◆ $\underline{m_u = m_d \neq 0}$ $SU(2)_V$ *Isospin* ($L = R$) is exact
- ◆ $3 \times U(1) \leftrightarrow B + I_3 + Y$

Consequences of chiral symmetry?



Assume ground state baryon octet of positive parity \mathcal{P} :

$$|B\rangle \sim |(1, 8)\rangle + |(8, 1)\rangle$$

$$\mathcal{P}|(L, R)\rangle = |(R, L)\rangle$$

$$\mathcal{P}|B\rangle = |B\rangle$$

Must also have:

$$|B^*\rangle \sim |(1, 8)\rangle - |(8, 1)\rangle$$

$$\mathcal{P}|B^*\rangle = -|B^*\rangle$$

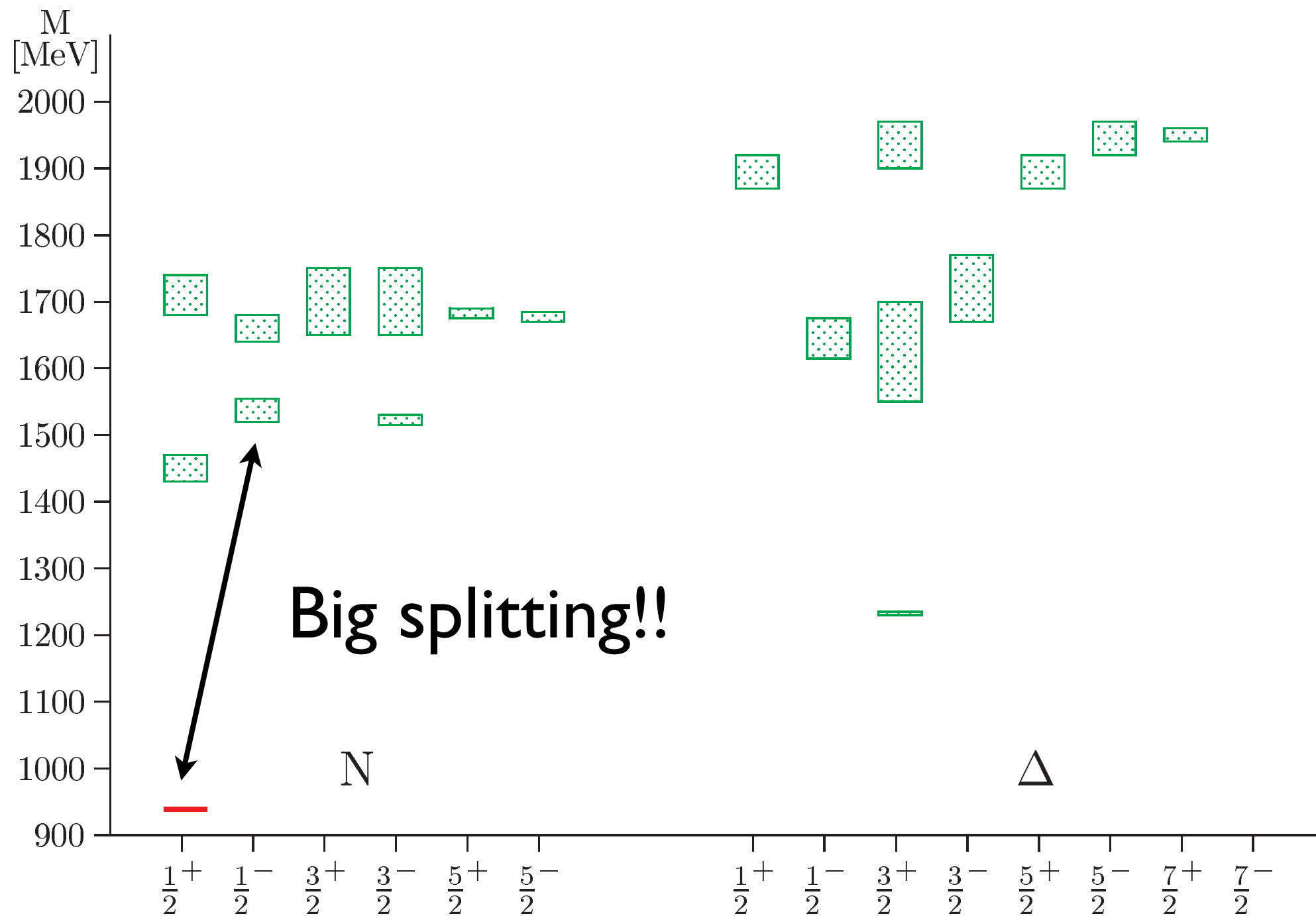
$$\mathcal{H}_{QCD} \in (1, 1)$$

$$M_B = \langle B | \mathcal{H}_{QCD} | B \rangle = \langle B^* | \mathcal{H}_{QCD} | B^* \rangle = M_{B^*}$$

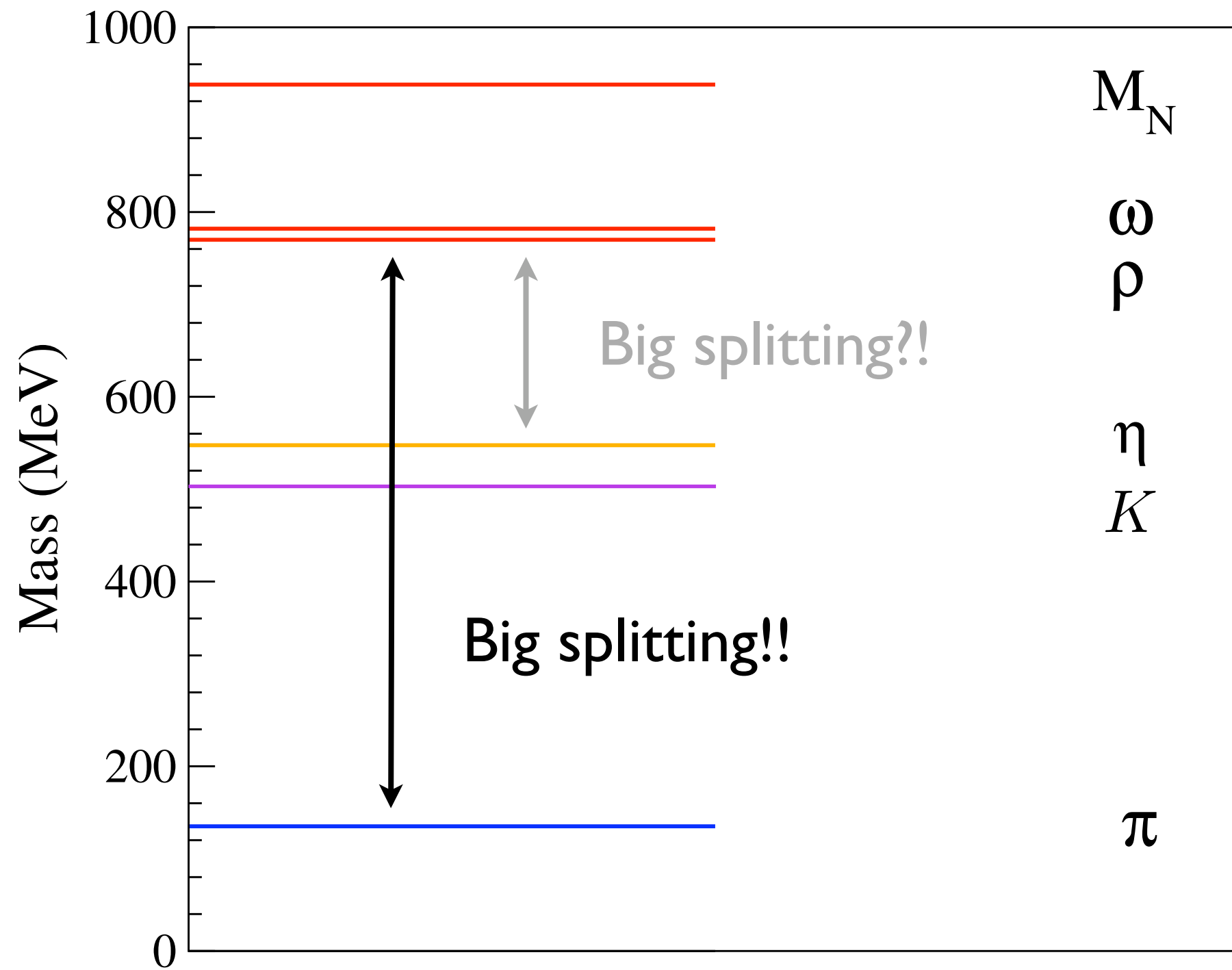
Parity doubling!

(Wigner-Weyl)

EXPERIMENT: Baryons



EXPERIMENT: Mesons



$$G = SU(3)_L \times SU(3)_R$$

Wigner-Weyl realization of G
ground state is symmetric

$$\langle 0 | \bar{q}_R q_L | 0 \rangle = 0$$

ordinary symmetry
spectrum contains parity partners
degenerate multiplets of G

Nambu-Goldstone realization of G
ground state is asymmetric

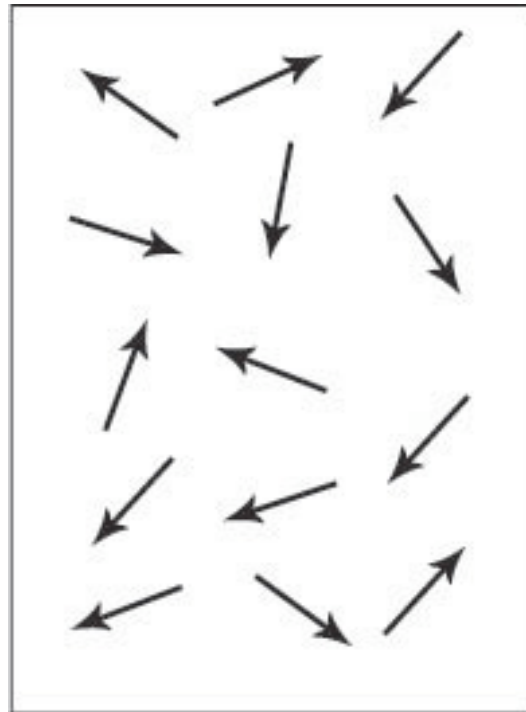
$$\langle 0 | \bar{q}_R q_L | 0 \rangle \neq 0$$

“order parameter”
spontaneously broken symmetry
spectrum contains Goldstone bosons
degenerate multiplets of $SU(3)_V \subset G$



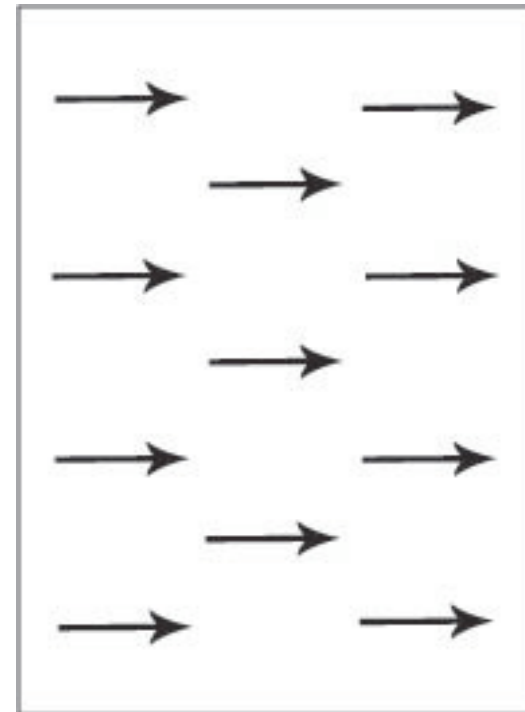
Analogy

Above T_c :



$$\langle \mathbf{M} \rangle = 0$$

Below T_c :



$$\langle \mathbf{M} \rangle \neq 0$$

Ferromagnetism	QCD
Ground state $ \text{magnet}\rangle$	QCD vacuum $ 0\rangle$
$\langle \text{magnet} \mathbf{M} \text{magnet} \rangle$	$\langle 0 \bar{q}q 0 \rangle$
$O(3)$	$SU(2)_A$
Low temperature	Low energy, also T
Magnons	Pions

Assume:

$$\langle 0 | \bar{q}_{Rj} q_{Li} | 0 \rangle = \Lambda^3 \delta_{ij}$$

$$SU(3)_L \times SU(3)_R \rightarrow SU(3)_V$$

$$q_{Li} \rightarrow L_{ij} q_{Lj}$$

$$q_{Rj} \rightarrow R_{ij} q_{Rj}$$

$$\delta_{ij} \rightarrow (LR^\dagger)_{ij} \equiv \Sigma_{ij}$$

mass scale t.b.d

Excitations of the condensate:

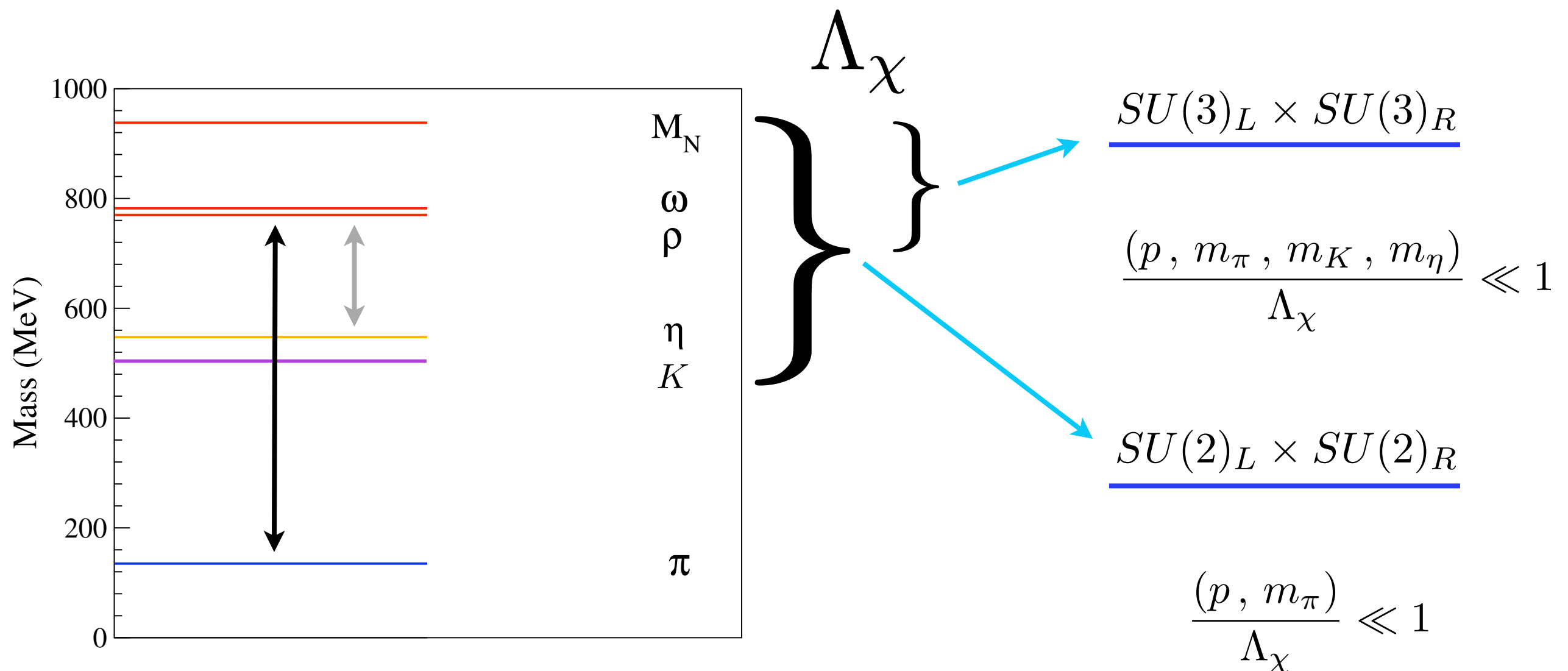
$$\Sigma \rightarrow \Sigma(x) \equiv e^{2i\boldsymbol{\pi}(x)/f}$$

$$\boldsymbol{\pi}(x) = \pi_a(x) T_a = \frac{1}{\sqrt{2}} \begin{pmatrix} \frac{\pi^0}{\sqrt{2}} + \frac{\eta}{\sqrt{6}} & \pi^+ & K^+ \\ \pi^- & -\frac{\pi^0}{\sqrt{2}} + \frac{\eta}{\sqrt{6}} & K^0 \\ K^- & \bar{K}^0 & -\frac{2\eta}{\sqrt{6}} \end{pmatrix} \sim \begin{pmatrix} u\bar{u} & u\bar{d} & u\bar{s} \\ d\bar{u} & d\bar{d} & d\bar{s} \\ s\bar{u} & s\bar{d} & s\bar{s} \end{pmatrix}$$

The Goldstone bosons

Chiral Perturbation Theory (χ - PT)

EFT that encodes the interactions of the Goldstone modes with themselves and with other hadronic degrees of freedom.



$$SU(3)_L \times SU(3)_R \quad : \quad \Sigma \rightarrow L\Sigma R^\dagger$$

$$\mathcal{L}_0 = \frac{f^2}{4} \text{Tr} \partial_\mu \Sigma^\dagger \partial_\mu \Sigma = \frac{1}{2} \partial_\mu \pi_a \partial_\mu \pi_a + \text{interactions}$$



normalized kinetic term

$$\langle 0 | \bar{u} \gamma^\mu (1 - \gamma_5) d | \pi^-(p) \rangle \equiv i\sqrt{2} f_\pi p^\mu \qquad f_\pi = 92.4 \pm 0.25 \text{ MeV}$$

||

$\pi \rightarrow \mu\nu$

$$2(j_{L1}^\mu + ij_{L2}^\mu)$$

$$\chi - \text{PT}: \quad j_{La}^\mu = -i \frac{f^2}{2} \text{Tr} T_a \Sigma^\dagger \partial^\mu \Sigma = \frac{1}{2} f \partial^\mu \pi_a + \dots$$

Matching:

$$f = f_\pi = 93 \text{ MeV}$$

Explicit chiral symmetry breaking: $M = \begin{pmatrix} m_u & & \\ & m_d & \\ & & m_s \end{pmatrix} \neq 0$

$$SU(3)_L \times SU(3)_R : M \rightarrow R M L^\dagger \quad \text{spurion}$$

$$\mathcal{L}_M = \underbrace{\lambda_M}_{\text{mass scale t.b.d}} \frac{f^2}{2} (\text{Tr} M \Sigma + \text{h.c.}) = \frac{1}{2} m_{\pi_a}^2 \pi_a \pi_a + \text{interactions}$$

$$m_\pi^2 = \lambda_M(m_u + m_d) \quad m_{K^+}^2 = \lambda_M(m_u + m_s) \quad m_{K^0}^2 = \lambda_M(m_d + m_s)$$

$$m_\eta^2 = \frac{1}{3} \lambda_M(m_u + m_d + 4m_s) + \mathcal{O}((m_u - m_d)^2)$$

$$m_{\pi^0}^2 = \lambda_M(m_u + m_d) + \mathcal{O}((m_u - m_d)^2)$$

$$3m_\eta^2 + m_\pi^2 = 4m_K^2$$

Gell-Mann Okubo

EXP: 1%

$$\lambda_M ??$$

$$\mathcal{H}_{QCD} = \dots + \sum_i m_i \bar{q}_i q_i + \dots$$

$$\langle 0 | \bar{q}_i q_i | 0 \rangle = \frac{\partial}{\partial m_i} \langle 0 | \mathcal{H}_{QCD} | 0 \rangle = \frac{\partial \mathcal{E}_0}{\partial m_i} \longrightarrow \text{vacuum energy density}$$

χ - PT:

$$\mathcal{E}_0 = \text{constant} - \lambda_M \frac{f^2}{2} (\text{Tr} M \Sigma + \text{h.c.}) + \dots$$

Matching: $\langle 0 | \bar{q}_i q_i | 0 \rangle = \lambda_M f^2$

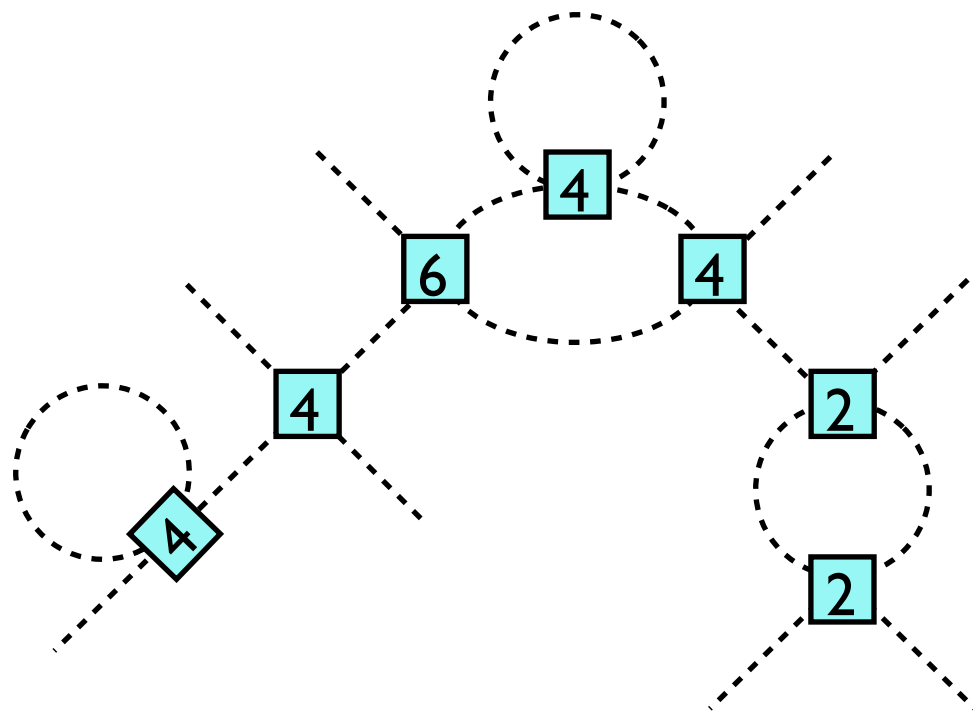
$$m_\pi^2 = \frac{\langle 0 | \bar{u} u | 0 \rangle}{f^2} (m_u + m_d)$$

Gell-Mann-
Oakes-
Renner

Power counting

Consider generic connected diagram:

V_d :	vertices with d derivatives
E :	external lines
I :	internal lines
L :	loops



$$p^{\sum_d dV_d - 2I + 4L}$$

+

$$L = I - \sum_d V_d + 1$$



$$N = \sum_d \frac{1}{2} (d - 2) V_d + L$$

$$f^2 p^2 \left(\frac{p^2}{f^2} \right)^N \left(\frac{1}{f} \right)^E$$

note: $p = (q, m_\pi)$

Generic *power counting*

Sub-leading Lagrangian

$$\underline{SU(3)_L \times SU(3)_R}$$

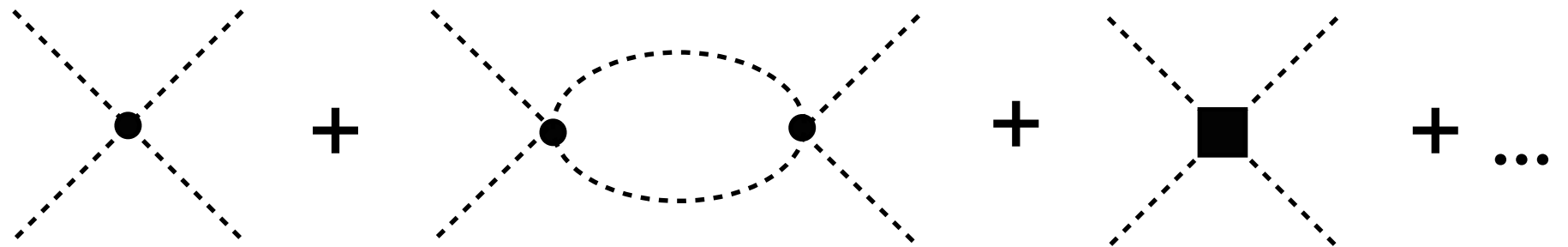
$$\begin{aligned} \mathcal{L}_{p^4} = & L_1 \left(\text{Tr} \left(\partial_\mu \Sigma^\dagger \partial^\mu \Sigma \right) \right)^2 + L_2 \text{Tr} \left(\partial_\mu \Sigma^\dagger \partial_\nu \Sigma \right) \text{Tr} \left(\partial^\mu \Sigma^\dagger \partial^\nu \Sigma \right) \\ & + L_3 \text{Tr} \left(\partial_\mu \Sigma^\dagger \partial^\mu \Sigma \partial_\nu \Sigma^\dagger \partial^\nu \Sigma \right) + L_4 \text{Tr} \left(\partial_\mu \Sigma^\dagger \partial^\mu \Sigma \right) \text{Tr} \left(\chi \Sigma + \text{h.c.} \right) \\ & + L_5 \text{Tr} \left(\left(\partial_\mu \Sigma^\dagger \partial^\mu \Sigma \right) \left(\chi \Sigma + \text{h.c.} \right) \right) + L_6 \left(\text{Tr} \left(\chi \Sigma + \text{h.c.} \right) \right)^2 \\ & + L_7 \left(\text{Tr} \left(\chi \Sigma - \text{h.c.} \right) \right)^2 + L_8 \text{Tr} \left(\chi \Sigma \chi \Sigma + \text{h.c.} \right) \end{aligned}$$

$$\underline{SU(2)_L \times SU(2)_R}$$

$$\begin{aligned} \mathcal{L}_{p^4} = & \frac{\ell_1}{4} \left(\text{Tr} \left(\partial_\mu \Sigma^\dagger \partial^\mu \Sigma \right) \right)^2 + \frac{\ell_2}{4} \text{Tr} \left(\partial_\mu \Sigma^\dagger \partial_\nu \Sigma \right) \text{Tr} \left(\partial^\mu \Sigma^\dagger \partial^\nu \Sigma \right) \\ & + \frac{\ell_4}{4} \text{Tr} \left(\partial_\mu \Sigma^\dagger \partial^\mu \Sigma \right) \text{Tr} \left(\chi \Sigma + \text{h.c.} \right) + \frac{(\ell_3 + \ell_4)}{4} \left(\text{Tr} \left(\chi \Sigma + \text{h.c.} \right) \right)^2 + \frac{\ell_7}{4} \left(\text{Tr} \left(\chi \Sigma - \text{h.c.} \right) \right)^2 \end{aligned}$$

$$\chi \equiv 2\lambda_M M$$

Example: $\pi\pi$ scattering



$$f^2 p^2 \left(\frac{p^2}{f^2} \right)^N \left(\frac{1}{f} \right)^E$$

$$\frac{p^2}{f^2}$$

$$\frac{p^4}{f^4} \log \frac{p^2}{\mu^2}$$

$$\frac{p^4}{f^4}$$

$I = 2$
s-wave
 scattering
 length

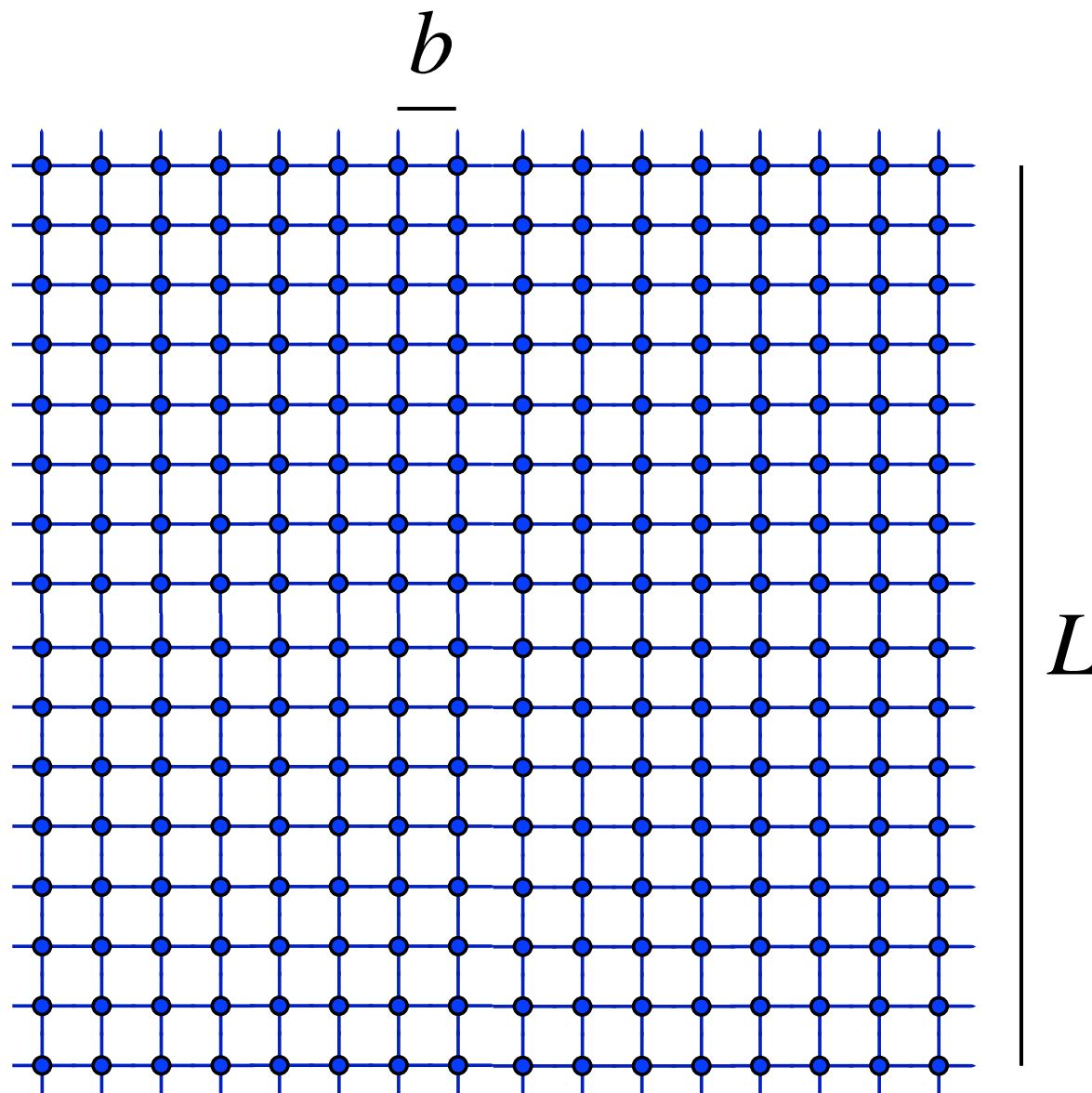
$$m_\pi a_2 = -\frac{m_\pi^2}{8\pi f_\pi^2} \left[1 + \frac{3m_\pi^2}{16\pi^2 f_\pi^2} \left(\log \frac{m_\pi^2}{\mu^2} + \bar{l}_{\pi\pi}(\mu) \right) \right]$$

$$\bar{l}_{\pi\pi} \equiv -\frac{64\pi^2}{3} [4(\ell_1 + \ell_2) + \ell_3 - \ell_4] + 1$$

Not constrained by symmetries!

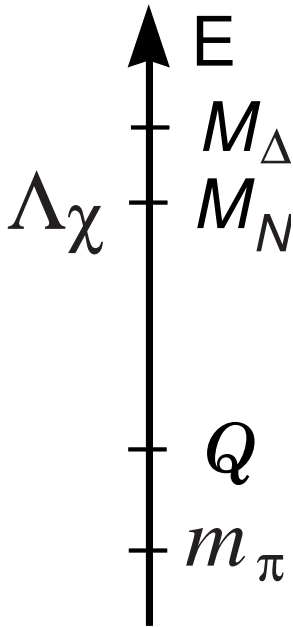
But related to other processes!

Lattice QCD



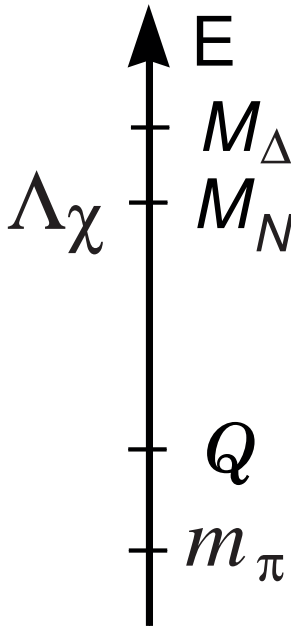
$$\text{COST} \sim (\textcolor{red}{L})^4 (\textcolor{red}{b})^{-6.5} (\textcolor{blue}{M}_q)^{-2.5}$$

QCD:



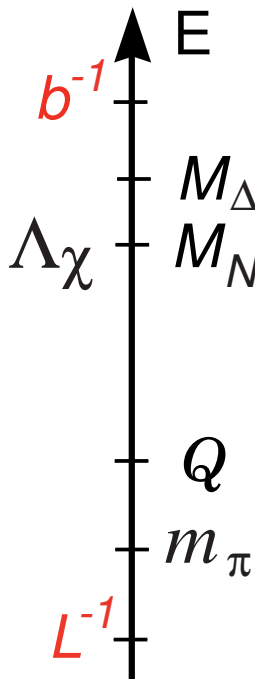
$$\frac{Q}{\Lambda_\chi}, \quad \frac{m_\pi}{\Lambda_\chi}, \quad \frac{M_\Delta - M_N}{\Lambda_\chi}, \quad \dots$$

QCD:



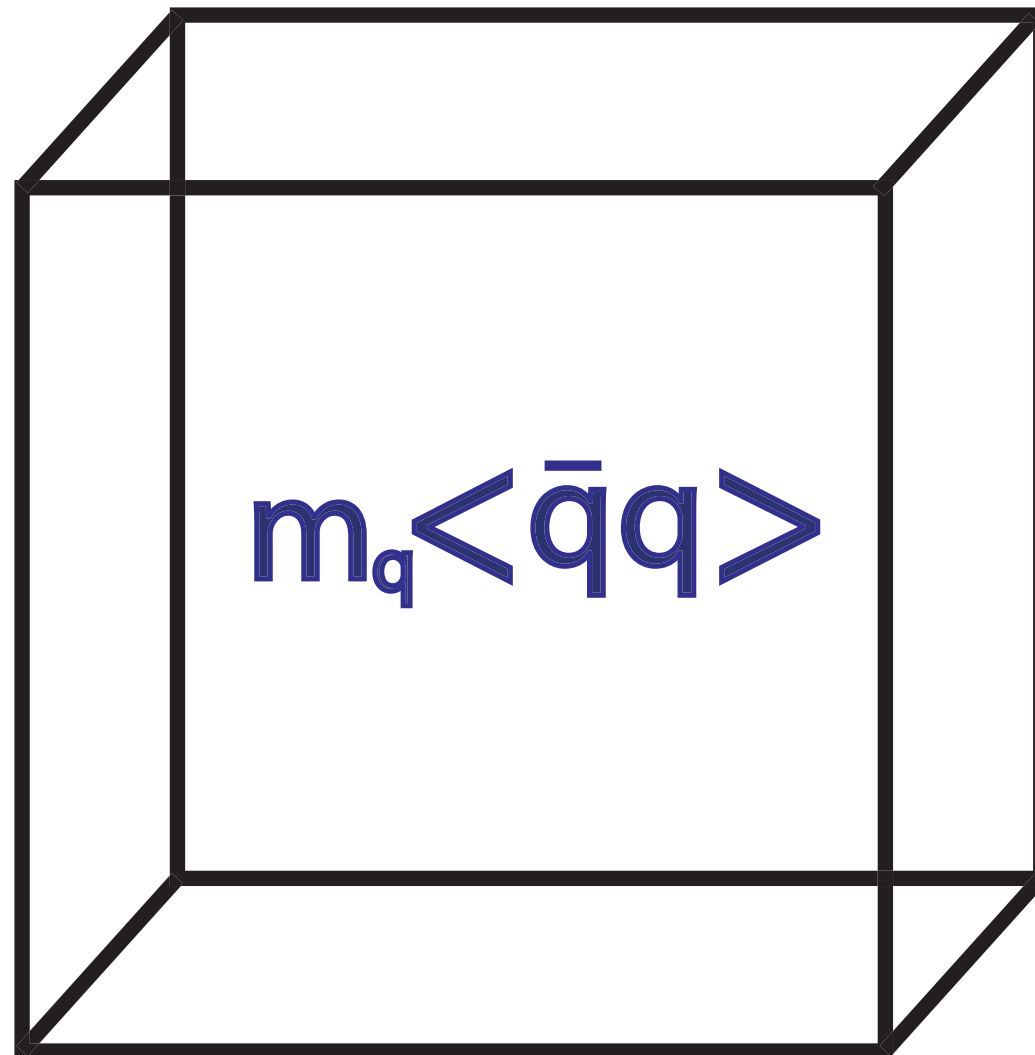
$$\frac{Q}{\Lambda_\chi}, \quad \frac{m_\pi}{\Lambda_\chi}, \quad \frac{M_\Delta - M_N}{\Lambda_\chi}, \quad \dots$$

Lattice QCD :



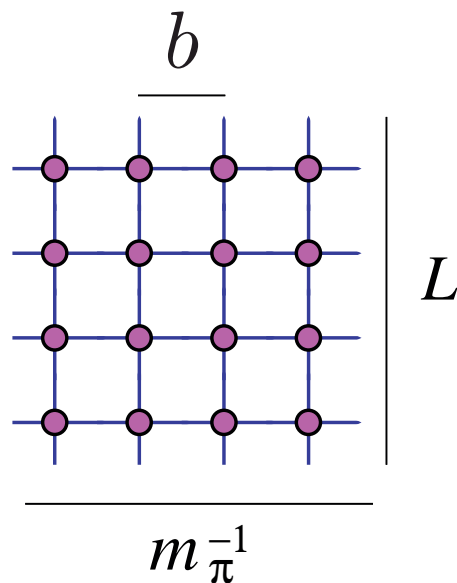
$$b m_\pi, \quad e^{-m_\pi L}, \quad m_\pi L, \quad \frac{1}{L \Lambda_\chi}, \quad \dots$$

What happens to chiral symmetry breaking at *finite* V ?



$$|\mathbf{p}| = \frac{2\pi|\mathbf{n}|}{L} \ll \Lambda_\chi \quad \Rightarrow \quad fL \gg 1$$

- $m_q \langle \bar{q}q \rangle L^4 = (m_\pi L)^2 (fL)^2 \sim p^{-2} \gg 1$:

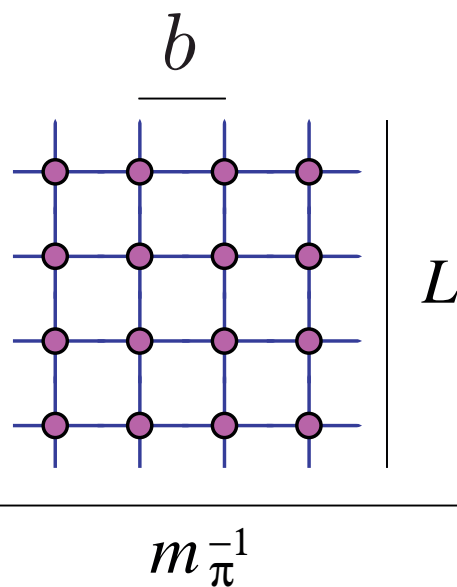


$$m_\pi L \gtrsim 1 \quad \underline{p \text{ regime}}$$

$$L^{-1} \sim m_\pi \sim p$$

$$(L_t \gg L_s) \quad \Rightarrow \quad \int d^4l \rightarrow \int dl_0 \sum_{\vec{l}}$$

- $(m_\pi L)^2 (fL)^2 \sim \epsilon^0 \lesssim 1$:



$$m_\pi L \ll 1 \quad \underline{\epsilon \text{ regime}}$$

$$L^{-1} \sim \sqrt{m_\pi} \sim \epsilon$$

Momentum zero-modes nonperturbative

What happens to chiral symmetry breaking at *finite b*?

Symanzik action:

$$\mathcal{O}(b) : \quad \mathcal{L}_{\text{QCD}}^{\text{EFT}} = \sum_{i=1}^3 (\bar{q}_i i \not{D} q_i - m_i \bar{q}_i q_i) - \frac{1}{2} \text{Tr} G_{\mu\nu} G^{\mu\nu} + b c_{sw} \sum_i \bar{q}_i \sigma_{\mu\nu} G^{\mu\nu} q_i + \dots$$

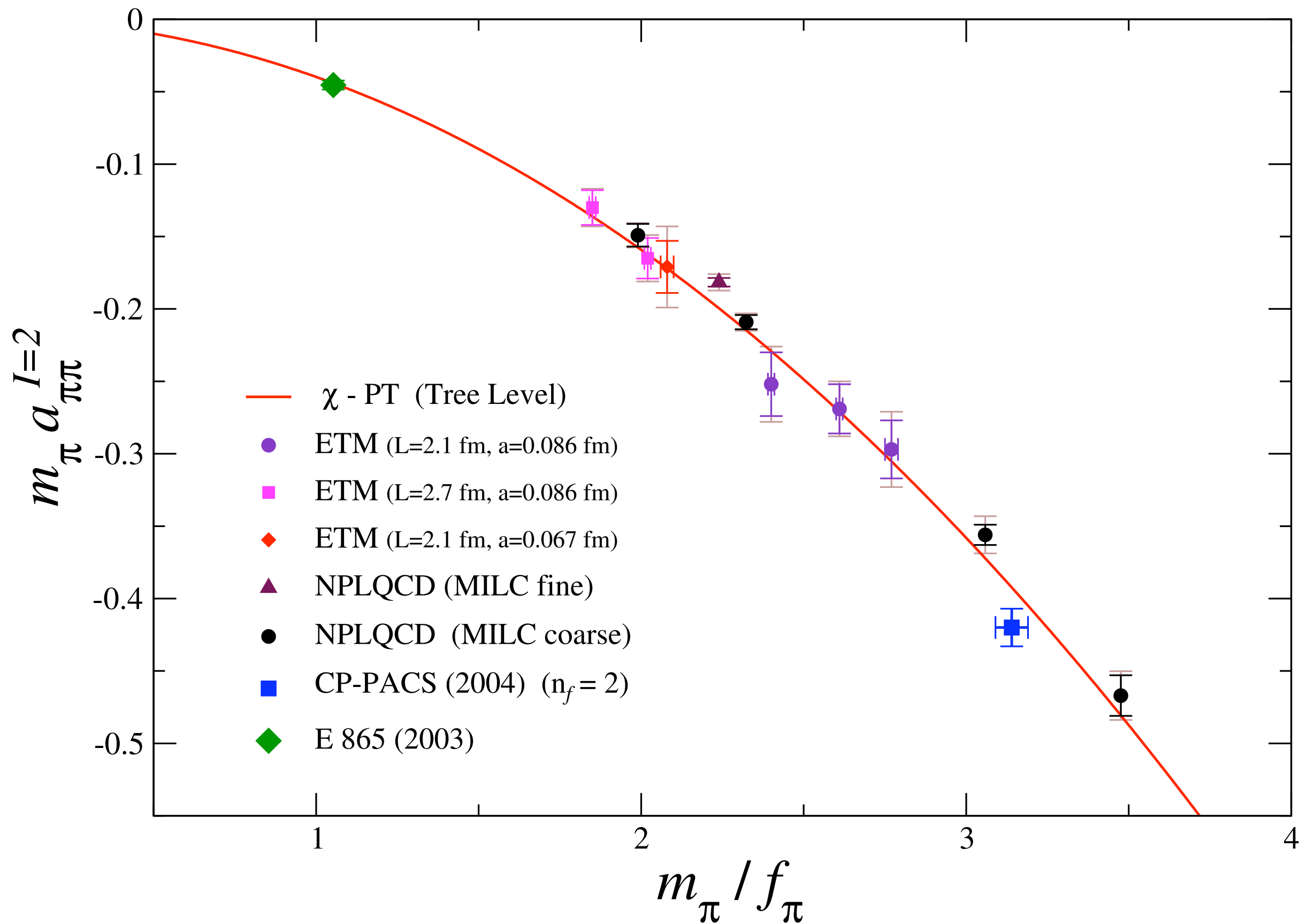
Sheikholeslami-Wohlert

$$A \rightarrow R A L^\dagger$$

$$\mathcal{L}_{M,A} = \lambda_M \frac{f^2}{2} (\text{Tr} M \Sigma + \text{h.c.}) + \lambda_A \frac{f^2}{2} (\text{Tr} A \Sigma + \text{h.c.})$$

$$m_\pi^2 = \lambda_M (m_u + m_d) + 2\lambda_A b c_{sw}^{(V)}$$

$\pi^+ \pi^+ (I=2)$

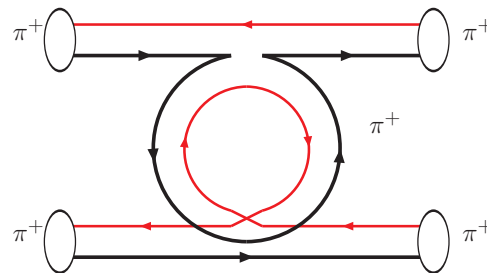


Chiral *and* continuum extrapolation

$$m_\pi a_{\pi\pi}^{I=2} (b \neq 0) = -\frac{m_\pi^2}{8\pi f_\pi^2} \left[1 + \frac{m_\pi^2}{16\pi^2 f_\pi^2} \left(3 \log \frac{m_\pi^2}{16\pi^2 f_\pi^2} - 1 - l_{\pi\pi}^{I=2} \right) \right]$$

Chiral *and* continuum extrapolation

$$m_\pi a_{\pi\pi}^{I=2} (b \neq 0) = -\frac{m_\pi^2}{8\pi f_\pi^2} \left[1 + \frac{m_\pi^2}{16\pi^2 f_\pi^2} \left(3 \log \frac{m_\pi^2}{16\pi^2 f_\pi^2} - 1 - l_{\pi\pi}^{I=2} \right) \right]$$



MA χ -PT

$$+ \frac{m_\pi^2}{8\pi f_\pi^2} \left[\frac{1}{(4\pi f_\pi)^2} \left[\frac{\tilde{\Delta}_{ju}^4}{6m_\pi^2} \right] \right]$$

$$\tilde{\Delta}_{ju}^2 \equiv \tilde{m}_{jj}^2 - m_{uu}^2 = 2B_0(m_j - m_u) + b^2 \Delta_I + \dots = 0.0769(22)$$

- Contains all $\mathcal{O}(m_\pi^2 b^2)$ and $\mathcal{O}(b^4)$ lattice artifacts.
- m_π and f_π are the lattice-physical parameters.
- Many sources of systematic error.

Error budget

- Higher-order effects in MA χ PT:

$$\mathcal{O}(m_\pi^4 b^2) \sim \frac{2\pi m_\pi^4}{(4\pi f_\pi)^4} \frac{b^2 \Delta_I}{(4\pi f_\pi)^2} < 1\%$$

- Finite-volume effects: $\sim 4\%$ at lightest mass.

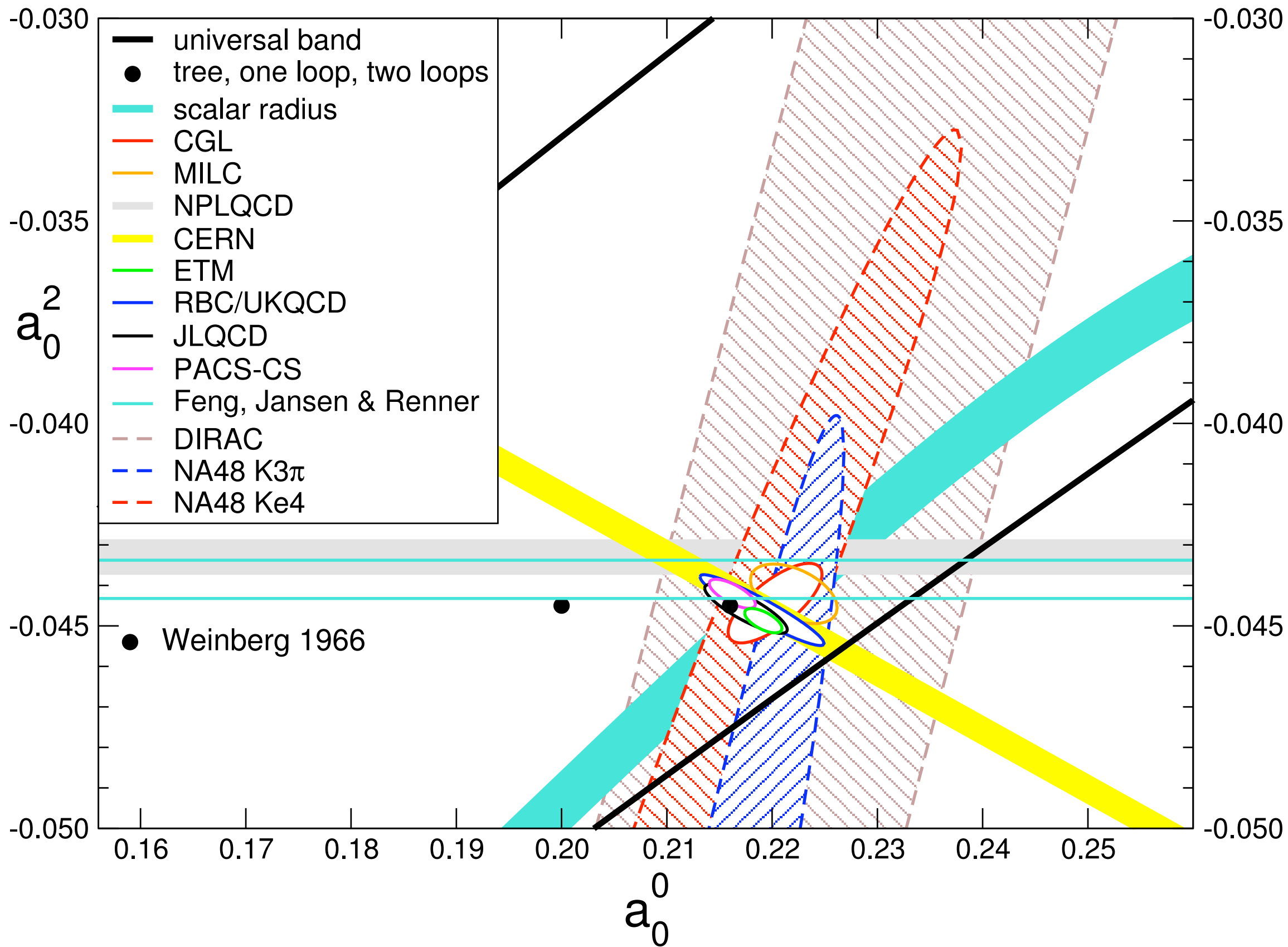
- Residual chiral symmetry breaking:

$$\frac{8\pi m_\pi^4}{(4\pi f_\pi)^4} \frac{m_{res}}{m_l} \sim 3\%$$

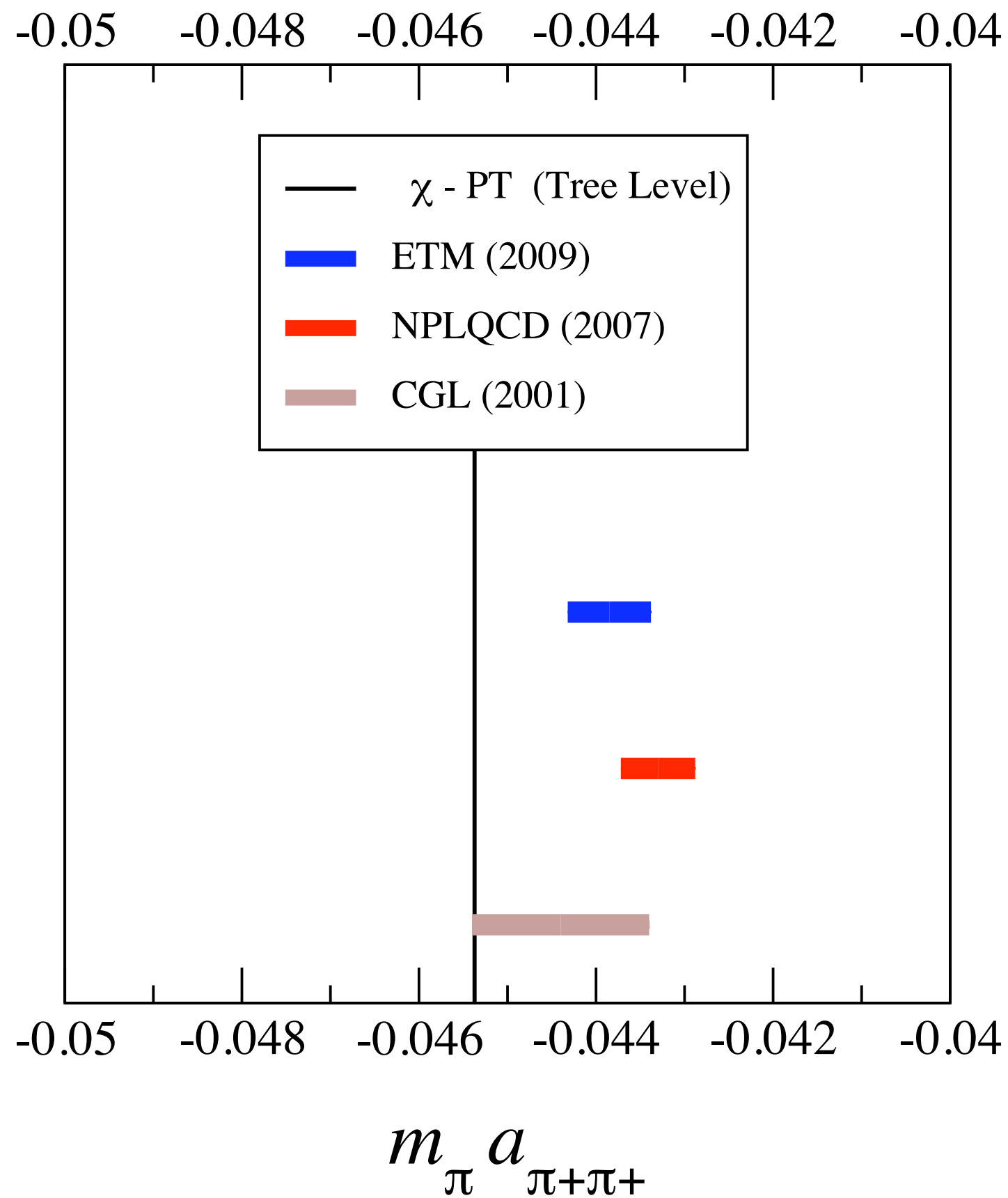
- Range corrections:

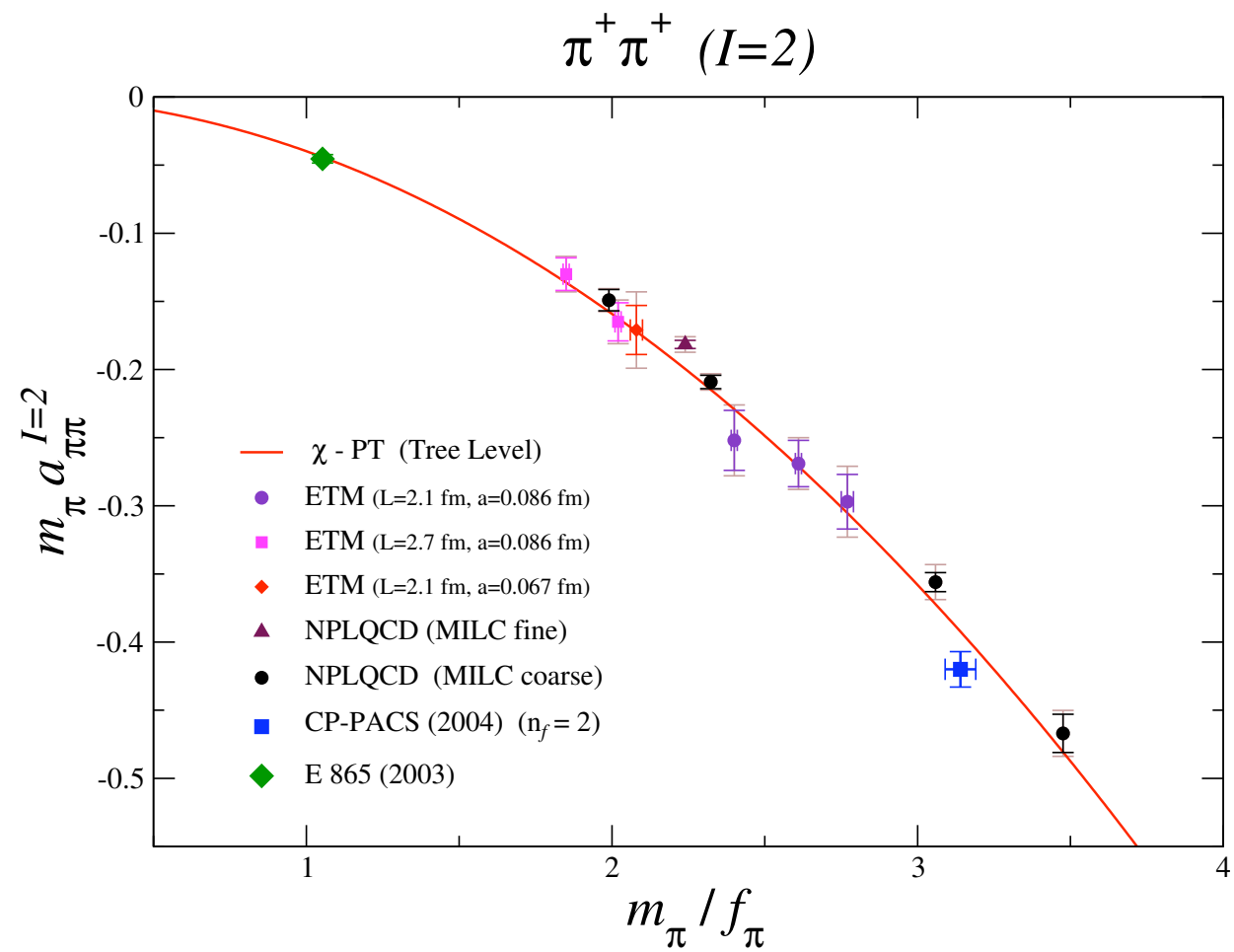
$$\frac{(m_\pi a_{\pi\pi}^{I=2})^2 p^2}{2m_\pi^2} \sim 1\%$$

- Isospin violation: Only issue if compare to experiment!



(Courtesy of H. Leutwyler)





**EFT works
too well!!**

